



Presents

Slowtwitch Road Show and Spring Blow-out Sale Saturday April 16, 2016 All Day

What is the Slowtwitch Road Show?
It's Party Time – with an Expo! Food, raffles, clinics, brand representatives.
Forty stops in 32 cities during Spring 2016.

Where: Hazard's Cyclesport 110 Anacapa Street Santa Barbara CA 93101

Schedule of Events

- 7:45** Bagels, juice, coffee -- Arrive early to start your day!
- 8:15** Bike ride down the SB Coast lead by the Santa Barbara Triathlon Club
- 8:30** Run on the waterfront lead by Santa Barbara Running
- 9:30** Hoka One One Philosophy Presentation
- 10:00 – 5:00 Product Demos/Talks – and – 1 DAY SALE at Hazard's and SB Running!**
- * Ride faster...check out Zipp Wheels! Demo a set of race wheels!
 - * Take a run in Hoka Shoes...you'll love the way the feel!
 - * Newest Technology...check out SRAM'S new eTap wireless electronic shifting!
 - * Want to talk about nutrition...NUUN is ready to talk and answer your questions!
 - * Need power and data? Quarq and Pioneer are here for you!
 - * Compression questions? 2XU will answer them all!
 - * Ride faster...F.I.S.T. / GURU bike fit clinics to optimize your fit. Guaranteed results!
 - * Recovery is goood...learn all about Cryotherapy, NormaTec and AlterG at The Lab!
 - * Need more balance?...attend our strength training for Triathletes clinic!
- 10:30** Swim at Los Banos Pool with Coach Abrami.
Please RSVP for swim to bruce1@hazardscyclesport.com.
- 11:00** Transition Clinic lead by UCSB Triathlon Team Coach Mateo Mercur
- 11:30** Wetsuit 101 and 102 Clinic by Karen Sing
- 12:00** Bike fit Clinic with the GURU Fit System by Bruce Davis
- 12:00** The BBQ is fired up! Burgers, dogs & Figueroa Mountain Beer from 12 – 1:30
- 1:00** Why use a power meter? Training with Power by Matthew Tague
- 2:00** Recovery/Cryotherapy/Normatec at The Lab
- 3:00** Run assessment at The Lab
- 4:00** Strength training for triathletes at The Lab